

ROUTE INFORMATION

Distance: 26.5 miles / 42.6km

Start and Finish: Hassop Station (DE45 1NW) or Bakewell station (DE45 1AQ)

Terrain: This route starts with a warm up on the Monsal Trail before a series of quiet roads through typical White Peak scenery. Only the stretch through Chatsworth to Rowsley is busier. Includes a number of testing climbs

Refreshments: Hassop Station, Bakewell, Monyash, Flagg (café just off route), Chatsworth, Rowsley, Peak Village, Beeley, Pilsley, Baslow

Toilets: Bakewell, Monyash, Middleton by Youlgrave, Peak Village (Rowsley), Calton Lees (Beeley), Baslow

Map: Ordnance Survey Landranger 119 Buxton & Matlock

Total Ascent: 842m

26.5 miles



L before the roundabout

Start

R Flagg and Chelmorton

Take road to L of Rutland Hotel

R at T SP Ashford

L Brown sign to Chatsworth

Follow signs to Rowsley

R (no sign) R over bridge

L Follow brown sign for Arbor Low

R SP Middleton

L after church



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For further information on this cycle route (including places to eat, cycle hire centres and places to visit) and other downloadable cycle routes in the Peak District, please see www.visitpeakdistrict.com/cycleroutes